



# February 2019



Monday	Tuesday	Wednesday	Thursday	Friday
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4	5	6	7 Goodwill Jobs ABC's of a Winning Resume 9:00-10:30 Women's Empowerment 4:00	8
11	12	13	14 ♥♥♥♥♥ Goodwill Jobs Job Search Strategies 9:00-10:30 Women's Empowerment 4:00	15
18 	19 Budgeting Basics 10:00-11:30 5:30-7:00	20 Financial Management Basics 10:00AM-11:30AM	21 Goodwill Jobs Effective Applications 9:00-10:30 Women's Empowerment 4:00	22
25	26 Stress Management 10:00-11:30 5:30-7:00	27	28 Goodwill Jobs Interview Prep Practice 9:00-10:30 Women's Empowerment 4:00PM	

## Class Description

**Financial Management Basics** – This is an interactive class with banking professionals who discuss the ins and outs of basic banking skills. How to budget for those unexpected expenses. They will also provide information about how credit is established, how to improve your credit rating and some of the myths about credit scores.

**Budgeting Basics** – This is an introductory course to budgeting while living on the coast. We will cover how to track your spending and save money, what to expect from your bills, and employer, and how to save for those emergencies that always seem to pop-up.

**Employment Tips and Tricks** – This class covers employment opportunities in Florence. How to search for the right employer. What should a resume look like? What is a cover letter for? Learn basic interviewing skills. Where can I go for further assistance?

**DHS Approved Parenting Course** – In this parenting class you will learn basic parenting skills and knowledge of how domestic violence affects an individual as well as those around them including children. Support in goal setting, as well as achievement of your goals.

**Stress Management** – This fun interactive class will give you some skills and techniques to help you prioritize what is important in your life, and handle those curve balls that life throws a little better.

**Tenant Tips** – This is an in-depth look at what it means to be a tenant (renter) in Florence. What am I allowed to do and not allowed to do? What is my landlord allowed to do and when? We will look at the basic principles of landlord/tenant law, and how they apply to individuals in our area. *\*Please note this class is for information only, and does not offer any legal advice.*

**Women's Empowerment** – Getting together in a safe space with local women to support one another. Encouragement in learning new life skills, and have your voices heard, whatever the issue.

\*\*\*\*\*All classes held at Siuslaw Outreach Services - 1576 W 12th St (541)-997-2816\*\*\*\*\*